




# August 2019



	MON	TUES	WED	THURS	FRI	
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<p><b>Free</b> to All Students 18 and under &amp; Special Ed. Students up to age 21.</p> 				<p><b>Breakfast:</b> Cheese Omelet w/ 1/2 Bagel 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Hamburger or Cheeseburger on Bun Chips or Tuna Sandwich Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Breakfast Sandwich 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Mac &amp; Cheese Bites or PB &amp; J Sandwich Salad w/ Tomatoes Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Available Daily:</b> <b>Choose up to 3</b> Canned Fruit, Fresh Fruit, Fresh Vegetable, Hot Vegetable of the Day <b>Menu Subject to change without notice.</b></p>
<b>Serving Times:</b>	5	6	7	8	9	
<p><b>Unatego Elementary Breakfast</b> 7:30 am-9:00 am <b>Lunch</b> 11:00 am-12:30 pm</p>	<p><b>Breakfast:</b> Apple Frudel 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Chicken Patty on Bun or Ham &amp; Cheese Sandwich Chips Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Ultimate Breakfast Round 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Nachos w/ Meat &amp; Cheese or Egg Salad Sandwich Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> French Toast Sticks 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Assorted Subs w/ Lettuce &amp; Tomatoes Chips Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Breakfast on a Stick 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Hamburger or Cheeseburger on Bun Chips or Tuna Sandwich Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Breakfast Sandwich 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Pizza Bites or PB &amp; J Sandwich Salad w/ Tomatoes Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Meals Served at Unatego Elementary 07/08-08/16 and at the Unatego Community Church, Otego 07/08-08/16</b></p>
	12	13	14	15	16	
<p><b>Unatego Community Church, Otego Breakfast</b> 8:00 am-9:00 am <b>Lunch</b> 11:30 am-12:30 pm</p>	<p><b>Breakfast:</b> Mini Pancakes 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Chicken Tenders or Ham &amp; Cheese Sandwich Chips Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Omelet w/ 1/2 Bagel 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Cheeseburger on Bun or Egg Salad Sandwich French Fries Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Breakfast on a Stick 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Assorted Subs w/ Lettuce &amp; Tomatoes Chips Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Cherry Frudel 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Chicken Patty on Bun Chips or Tuna Sandwich Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p><b>Breakfast:</b> Breakfast Sandwich 100 % Juice Fresh/Canned Fruit Low Fat/Fat Free Milk <b>Lunch:</b> Pizza Bites or PB &amp; J Sandwich Salad w/ Tomatoes Fresh Fruit &amp; Vegetable Low Fat/Fat Free Milk</p>	<p>Adult prices: Breakfast--\$2.00; Lunch--\$3.00; Exact change, please</p>
<p>We do not discriminate on the basis of race, color, national origin, sex, age or disability</p>	See	You	in	September	!!!	<p>"USDA is an equal opportunity provider and employer"</p>